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 Principal ● Zlatko Pear

Inspirational.

Issue 6: 20th April 2018

A few words from the Principal Zlatko Pear

Calendar

April

20 Year 7&10
 Immunisations

23 Parent/Teacher/
 Student Interviews for
 MP12 and Marian

23/24 OES Mt Buffalo
 Abseiling Trip

25 ANZAC Day– No
 school

27 College Athletics

May

4 Parents Club Meeting
 9am

15-17 NAPLAN Testing

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Welcome to Term Two

Hello all and welcome back to school for Term 2. At assembly on Monday it was great to see almost all of our student population wearing full school uniform. With the onset of cold weather it is important that parents ensure that students have a school jumper/jacket to wear. Students are permitted to wear any items of clothing under their uniform to keep warm - **on the condition that it is not visible.** College uniform can be purchased from 'Billy and Me'. In order to help you identify our uniform all items (expect the tartan skirt and summer dress) are logoed. This means, **if it is not logoed – it is not uniform.** If you are having problems purchasing uniform due to genuine financial difficulties please contact me at the College to confidentially discuss your situation

College Council Representation

As you would be aware nominations for parent representatives on College Council closed late last term. I would like to congratulate Jo McIntyre and Susan Crisp who renominated and would like to welcome Kaleena Kneebone as a first time member of Council. Two student representatives will join the Council shortly. The first meeting of the new Council was held on Wednesday 18th April.

Our College Council for 2018 will be as follows:

Bernadette Hays <i>Parent (President)</i>	<i>Parents Club - TBC</i>
Susan Crisp <i>Parent (Vice President)</i>	Lawrence Neill- <i>Friends of MP12 College</i>
Matthew Hines - <i>Parent</i>	Zlatko Pear - <i>Principal</i>
Jo McIntyre - <i>Parent</i>	Barry Holden – <i>Assistant Principal</i>
Jade Howell - <i>Parent</i>	Deb McKinnon - <i>Staff</i>
Linda Lewis - <i>Parent</i>	Ladeane Lindsay – <i>Staff</i>
Kaleena Kneebone - <i>Parent</i>	

Learning Conferences

Progress reports for Term one were sent home last term. Learning Conferences will be held after school on **Monday 23rd April**. Learning Conferences will begin at 3:30pm and conclude at 6:30pm. All parents and guardians are urged to attend and in order to maximise the value of these sessions it is important that students are also present.

Myrtleford P12 College is a Child Safe School.

All our Child Safe policies can be accessed on the College website.
<http://www.myrtlefordp12.vic.edu.au>

THE
RESILIENCE PROJECT™

Our school is part of a community wide approach to improving Mental Health & Wellbeing for students and their families. Fully funded by *Communities That Care Alpine*, **The Resilience Project** delivers emotionally engaging programs in schools for students,

parents and teachers and provides curriculum for schools accompanied by teacher and student resources. The program uses evidence-based approaches and practical strategies to build resilience, in order to develop sound mental health.

Based around the theories of **Gratitude, Empathy, Mindfulness and building Emotional Literacy**, this program builds the capacity of children, adolescents and families to develop strategies to support them through their life experiences to maintain and improve mental health and wellbeing outcomes.

The P-6 Teachers attended a training session on Monday evening and were left feeling excited and inspired to start implementing this program in our classrooms.



All the students in P-6 attended a student presentation on Tuesday and already there is a buzz around the school as students were given practical advice and suggestions on how to improve the way they think about themselves and how they interact with others.

Hopefully you were able to attend the Parent Information Evening on Wednesday night.

Keep talking to your children over the coming term as we start to cover this program in our classrooms so that we can all share this journey together to help our kids become more resilient, considerate and mindful.

Adam Lindsay

The Resilience Project!

On Tuesday 17th April, the students from P-6 went down to EMPAC to listen to Hugh from 'The Resilience Project' talk to us about the three key things we need to do every day to ensure that we are happy. We learned about being grateful, being kind and being mindful. It was great to see the students engaged with what the presenter was telling us. We are very excited to be starting 'The Resilience Project' curriculum soon in our classrooms.

The Prep – Grade 2 students at EMPAC.



Our P-6 Leaders at the National Young Leader's Day in Melbourne Monday 26th March at Melbourne Convention and Exhibition Centre

Joshua ANTONELLO

Hi! My name is Josh, I am in Year 6 and the P-6 School Captain. Leadership to me means being the best person you can be and also a great role model.

My favourite speaker at the National Young Leader's Day was John because Ava and I got up on stage to talk to him and his story was very touching. His legs were badly bent and sadly he got bullied at school. He decided to get his legs amputated. The way he spoke was very inspirational. The main thing I learnt from John was that you have to treat people the way you wish to be treated and accept others' differences.



Ava BROCK

Hi! My name is Ava and I'm the P-6 School Captain. Leadership to me means to be someone people can go to for help and make the school as friendly as possible. Leadership means responsibility. I love getting to represent our school in many different ways.

Yesterday we got to go to The National Young Leader's Day. My favourite speaker on this day was John Coitus because he was such an inspiration. He was born with muddled up legs and could not walk. He didn't start school until Grade Five because he thought he would get bullied. He got around on a skateboard and used his hands to move. That year some Grade Eights pushed him off his skateboard, tied him to a rubbish bin and lit it on fire. All he could think to himself was "How could someone else do that to a person just because they were different?" He was about to die when a teacher smelt smoke and ran as fast as she could to save him. Myself and Josh got picked to go up and give John a present and thank him on behalf of all the people there [6,000+]. He was such a nice man. The biggest thing I took from all of the speakers was to be yourself, treat people the way you wish to be treated, follow your dreams and error means correction. All of the speakers were so inspirational. Cosentino, John, Harrison and Gemma, all started off with difficulties and overcame them. That is what I learnt. If you have trouble with something there is always a way to overcome it. Never give up.

Genavieve CUSACK

Hi ! my name is Genavieve and I am the P-6 Vice-Captain. Leadership to me means responsibility, strength and confidence.

My favourite speaker at the National Young Leader's Day was Cosentino because he was inspiring and inspirational to me. He said that when he was a little boy he had a difficulty with reading, in fact he couldn't read his first word until he was 12-13 years old. Yet, his mum was a principal. Now he loves to read and has written two books and something at the end to teach you how to do a magic trick. I bought one myself and I love it. It's amazing! It's kind of like the Bad Guys books but better (if you have the chance please read it). Cosentino was a great speaker. I really enjoyed it. Sometimes I wonder if I could be as good as him. Maybe one day if I keep practicing. I learnt so much at the National Young Leaders Day to be yourself, never give up, treat people how you wish to be treated and all ways try to achieve your goals. I enjoyed all the speakers (Gemma, John, Harrison and Cosentino.)



Alex DURLING

Hi! my name is Alex and I am the P-6 Vice-Captain. Leadership to me is to treat others how you want to be treated.

My favourite speaker at the National Young Leader's Day was John because when he was a kid he was born with bent legs. He was a funny speaker and had good stories to tell. There were other speakers like the great Cosentino, Harrison Craig and Gemma the cricketer.

NAPLAN

NAPLAN testing will be conducted in the week of May 15-17. Tuesday May 15th will be Language Conventions and Writing. Wednesday May 16th is Reading and Thursday May 17th is Numeracy.

The tests begin at 9.00am so it is very important that students arrive in plenty of time to prepare themselves.

Many parents wonder what types of questions their child will have. These are some sample Year 5 and 7 questions from the "Reading Conventions" and "Numeracy" papers. You may want to discuss how to read and answer these questions with your child. Classroom teachers will of course include lots of opportunities to practise the skills required in their classroom programs.

Mrs McKinnon

Which sentence has the correct punctuation?

When did the last show begin?

When the whistle blew the game was over?

When Lucy was running I saw her trip over?

When I have finished this book I will lend it to you?

Which sentence has the correct punctuation?

"Do you know where my shoes are?" John called from his room.

"Do you know where my shoes are? John called from his room.

"Do you know where my shoes are," John called from his room.

"Do you know where my shoes are." John called from his room.

Which word or words correctly complete the sentence?

I was in Brisbane last week. If I'd known you were living there, _____

I caught up with you.

would've

wouldn't

would of

would off

Read the text *Oil slick*. The text has some gaps. Choose the correct word or words to fill each gap.

Oil slick

The oil slick spread very _____. It could have done a great deal of damage.

quick

quicker

quickly

quickest

However, actions _____ taken to make sure no beaches were polluted.

is

was

were

will be

NAPLAN example questions....

Which comma (,) should be replaced by a colon (:)?

There are five things you need to bring to the camp, a sleeping bag, a water bottle, a torch, some batteries and a change of clothes.

A rectangular paddock has a perimeter of 50 metres.

Each long side has a length of 15 metres.

What is the length of each short side?

_____ metres

$5427 \div 9 =$

63 603 630 6003

A number is multiplied by itself and then 9 is added.

The answer is 13.

What is the number?

David and Sarah both bought a T-shirt and hat.

They each spent the same amount of money.

David's T-shirt cost \$28.90 and his hat cost \$21.10.

Sarah's T-shirt cost \$30.95.

How much did Sarah's hat cost?

\$19.05 \$19.15 \$20.95 \$21.10

Jenny is exactly 3 years old.

Her brother Ken is exactly 17 months old.

How many months older than Ken is Jenny?

13 14 19 21

Lucy made 4 tree designs using sticks.

There is a pattern in the way the trees grow.

Tree 1

1 stick

Tree 2

3 sticks

Tree 3

7 sticks

Tree 4

15 sticks

Lucy continues the pattern in the same way.

How many sticks will Tree 5 have?

23 31 35 45

HEALTH CORNER...with Adolescent Health Nurse Rosemary Bunge

YEAR 7 and 10 IMMUNISATION

The Secondary School Immunisation Program aims to ensure that students and communities are protected from diseases such as Diphtheria, Tetanus, Whooping Cough, Human Papilloma Virus and Meningococcal W. Schools distribute the vaccine consent forms and **local council** delivers the program free of charge to all Year 7 and 10 students at school. The date for the first immunisation session at Myrtleford P12 College is Friday 20th of April. Year 10 will also be receiving immunisation for *Meningococcal W* this year.

I have spoken to the Year 7 group about immunisations and their action, who and how they protect. Also about what to expect on the day-

- Eat breakfast
- Drink lots of water
- Wear short sleeves
- If you're nervous, go first. Also let the nurse know.
- Try and relax your arms and shoulders, best to wiggle your toes
- Tell the nurse if you are unwell on the day

What to do if they miss their injection because they are unwell or not at school on Friday

- You can go to a local council immunisation day and get the free vaccine. Just phone the Shire for information on the dates and be sure to let them know you will be coming, so they have the vaccine with them.
- You can also go to your local GP and get the free vaccine. Some GP's don't bulk bill so there might be a consultation fee.

Research demonstrates that immunisation saves lives and makes it possible for Victorians to live free from the illness and disability caused by many infectious diseases. The adverse and allergic reaction rates for these immunisations are extremely low and students will be monitored by staff following their immunisation to further safeguard this. It is normal to have some redness or swelling at the immunisation site, but this is only temporary. If you have any further queries please contact the immunisation department of your local council or online at www.immunehero.health.vic.gov.au

Rosemary Bunge
Adolescent Health Nurse Myrtleford P12

LATERAL THINKING PUZZLE

Solution to Issue 5 puzzle: 17 1/2

This week.....A sphere has three, a circle has two, and a point has zero what?

Solution in Issue 7

By Lagoon Puzzles 2006

BREAKFAST

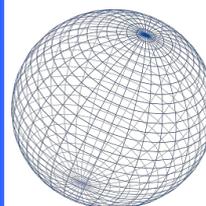


Tuesdays and Fridays

Breakfast is going really well, with big numbers attending each week and lots of smiles happening. I have some help from Bernadette Hayes which is great and means breakfast goes on even when I can't be there, thanks so much Bernadette. Remember breakfast is free to all P-12 students and staff, both mornings from 8.20am in the canteen. All you need is a smile, so see you there.

Quote of the week:

The world needs dreamers and
the world needs doers.
But above all, the world needs
dreamers WHO DO.



COLLEGE ANNOUNCEMENTS

Prep-6 Assemblies are starting next week

Next Parents Club Meeting
2pm Friday 4 May
Prince St Staffroom

Myrtleford P12 College *Inspirational.* P-6 Friday Assembly

Term 2
Friday Period 6
Multi-Purpose Room

Format of P-6 Assemblies:
(Year 6 Students to MC)

Welcome
National Anthem
Singing
P-2 Class Awards
Presentation of Special Work
3-6 Class Awards
Special Announcements
End

Term 2 Roster

Week	Class Presenting Special Work
3	Year 5
4	PLM
5	6L
6	PO
7	4C
8	1AH
9	4W
10	1L

LOST
Black soft shell school jacket, ladies size S or M. The jacket was left at the down ball area of the high school in the last week of Term 1.
If found, please return to the office, or contact Julie on 0427398053

PIANO LESSONS 

Piano lessons are available during and after school with Barb Burke.
Teacher of Piano and Music Theory
Ph: (02) 60289283
Mobile: 0405 815282
piano.teacher.burke@gmail.com
All ages are welcome. Preparation for AMEB exams or for leisure. Fees are \$27 per lesson, payable by the Term.
Please phone, text or email as above. Please note there is no mobile reception in Kancoona so texting is best for mobile contact.
Thanks, Barb.

PLEASE NOTE

CANTEEN CLOSURE

A letter went home with students yesterday explaining that, from next week, the canteen will be open on Mondays, Thursdays and Fridays. This means the students will need to bring all their food and drinks from home on Tuesday and Wednesday. We will review this later in the Term.
Mr Pear

IN THE COMMUNITY

Sacraments at St Mary's for 2018

Reconciliation Thursday 24th May 
First Communion Sunday 9th September 10.30 am
Confirmation Sunday 18th November

The information night for the Sacrament of Reconciliation is **Thursday 26th April at 6pm.** All families intending to be part of the Reconciliation Program need to attend this meeting.
If you would like to be part of the Sacramental Program at St Mary's this year, please contact Cathy Jeffery at St Mary's School.
Ph 57521808
cjeffery@smyrtleford.catholic.edu.au

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HOMEWORK AND ASSIGNMENTS DUE DATES

DUE DATE	SUBJECT	ASSIGNMENT	TEACHER
PREP O and PREP LM			
Prep Homework to be 10 mins – to practise Jolly Phonics letter sounds, read levelled text and chat about their book.			KOD LLI/PMC
YEAR 1A/H and YEAR 1L			
Reading home reader daily and filling in the diary. Sharing bedtime stories is highly recommended. Reading and then spelling M100W lists Counting: [Whenever time permits] Counting 1-100 by 1's, 2's, 5's, 10's. Recognise and write numbers. Say numbers before and after, 2 more than, 2 less than, 10 more than, 10 less than. Measurement: [As opportunities arise in the daily routine] Telling time to o'clock and then half-past on analogue and digital clocks. Money: Familiarization with coins and notes.			BHO/NAN NLE
YEAR 2H			
Nightly Reading and Working on Push and Pull presentation			CHO
YEAR 2L			
Nightly Reading and Working on Push and Pull presentation.			KLO
YEAR 3M			
Read 20minutes each night.			SMA
YEAR 4W and 4C			
4W is reading 20 mins every night, maths mate and spelling to be returned on Friday			WWA/CCO
YEAR 5HS and 5B			
Nightly reading (20 minutes), Times tables mastery (3 x per week) Spelling (review in preparation for Friday's test)			KHA/ KSA DBI
YEAR 6			
Read every night, Complete Literacy Sheet, Complete Numeracy Sheet, Complete Words Their Way Activity Sheet. All work due on Friday			ALI
YEAR 7			
Every Monday	Maths	Maths Mate Due	SAN
Every Monday	Resilience	Resilient Families Worksheets Due	SAN
YEAR 8			
Tuesday 24th April Tuesday 1st May Tuesday 8th May	Maths	Maths Mate 2 Due Maths Mate 3 Due Maths Mate 4 Due	CPE
YEAR 9			
MYCAL			
Ongoing	English	Weekly Spelling words. Test every Friday	SAN
YEAR 10			
	English	Read 5 chapters of 'To Kill a Mockingbird', and any overdue essays from last term	SRO
YEAR 12			
First week of Term 2 Tuesday 24th April	English	Overdue Holiday Homework (Lunchtime detentions until work is submitted.) Themes quote sheet for chapters 5-7 Due	SRO

We are looking for parent helpers!!

Do you have some free time on weekday mornings?

Are you willing to assist students with their reading?

Do you have your working with children's check?



We are looking for parent helpers to assist with Reading Intervention across the school from Foundation to Year 6. If you are interested and would like to know more, please come to a training session on **Tuesday 24th April 2:45-3:20pm** or send me an email on lindsay.ladeane.l@edumail.vic.gov.au for more information.

With thanks, Ladeane Lindsay

MYRTLEFORD P – 12 COLLEGE TERM 2 MENU 2018

All Students must place Orders by 9.30am.

There will be a limited amount of food available over the counter at Recess and Lunch

LUNCH BOXES		DAILY SPECIALS	
Snack Pack – 2 Party Pies, fresh fruit tub and a treat	\$2.50	MONDAY - Oodles of Noodles	Sm \$2.50 Lg \$4.50
Kebab Box – Honey Soy Chicken Kebab & Salad with a treat.	\$5.00	Stir Fry Noodles with seasonal Vegetables	Vegetarian
Schnitto Box	\$6.50	THURSDAY – Chicken & Vegetable Soup	Cup \$2.00 Bowl \$4.00
Chicken Schnitzel, lettuce, tomato, carrot, beetroot, cheese & treat		Served with a piece of Garlic Bread	
FRESH SANDWICHES & ROLLS		FRIDAY – Spaghetti with Bolognese or Napoli sauce	Sm \$2.50 Lg \$4.50
All sandwiches and rolls made on wholemeal unless white requested		HOT FOOD	
Chicken/Ham & Salad	\$5.00	Fried Rice	Lg \$4.50 Sm \$2.50
Lettuce, tomato, carrot, beetroot, cucumber & cheese		Dim Sims	\$0.80
Ham, Cheese & Tomato	\$3.50	Homemade Pizza – ham & cheese	\$3.00
Ham & Cheese	\$3.00	Spinach & Ricotta Triangles	\$1.00
Egg & Lettuce	\$3.00	Party Pies	\$0.80
Veggie Delight – cheese, lettuce, tomato, cucumber, beetroot, carrot & hummus	\$5.00	Crispy Chicken wrap – Chicken Tender, lettuce & mayo	\$4.50
TOASTIES		Nachos – corn chips, salsa & cheese in a tortilla bowl	\$4.00
Baked Bean Jaffle	\$2.50	Vegetarian	
With cheese	\$3.00	Gluten Free Available just ask	
Ham & Cheese	\$3.00	DRINKS	
Tomato & Cheese	\$3.00	Water	\$2.00
Bacon & Egg Muffin	\$3.00	Warm/Cold Milo	\$2.00
SNACKS- subject to availability		Fruit Juice – orange, apple/blackcurrant	\$2.00
Cup of fresh fruit	\$0.50	Flavoured Milk- Chocolate, Strawberry, Honeycomb, Iced coffee & Vanilla	\$2.50
Vanilla yogurt & fruit	\$2.00	Slushies - watermelon, raspberry, passionfruit	\$2.00
Cheese & Bacon Roll	\$2.00	Ice Breaks 7-12 only	\$3.50
Garlic Bread	\$0.20	FROZEN TREATS	
Cup Cakes	\$1.00	Cup of Frozen Grapes	\$0.50
Homemade Treats -	\$0.50	Quelch Frozen Fruit Tube	\$0.80
		Frozen Fruit Cup	\$0.60
		Frozen Yogurt- Strawberry & Raspberry	\$2.50
		Frozen Milo Cup	\$3.00

prices starting from
Come in and see what we have!!

View this newsletter in colour on the Skoolbag App . Enjoy notifications and reminders with the App!
Available free on both Android and Apple devices.
Also available on the school website or it can be emailed to you. Just notify the school to request this.

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